



MARCUS COLE

Secure your accounts

The accounts an ex may still hold keys to, in the order I would do them.

These are the accounts someone who shared your life could still get into. Not because you think your ex is a villain – most people are not reading anyone's email – but because "probably is not" and "cannot" are different things, and only one of them is yours to fix.

Work down the list in order. The first four carry the most weight: your email, your phone account, Apple or Google, and the bank. Get those finished properly and the rest can wait for the evenings you have something left in you.

Every step here has a longer answer, and all of it is free to read at marcuscole.me/post/divorce-digital-security-checklist. This sheet is the same list in a form you can carry.

If you would rather work through it with the passwords, documents and records kept somewhere encrypted, that is The Keep – marcuscole.me/the-keep. The list overleaf does not need it.

SECURE YOUR ACCOUNTS

- 01 ☐ **Start with your main email**
 - 02 ☐ **Close the back door on that inbox**
 - 03 ☐ **Lock the phone account**
 - 04 ☐ **Your Apple ID and Google Account**
 - 05 ☐ **Two-factor, and the number it points at**
 - 06 ☐ **Banking, super and the alerts**
 - 07 ☐ **The password you have used everywhere**
 - 08 ☐ **Move your side of the cloud**
 - 09 ☐ **Find My and location sharing**
 - 10 ☐ **Shared subscriptions and the cards on them**
 - 11 ☐ **Apple Family Sharing and Google Family**
 - 12 ☐ **The devices still signed in**
 - 13 ☐ **The router**
 - 14 ☐ **Doorbell cameras, speakers and thermostats**
 - 15 ☐ **A clean address for the legal side**
-